



**NAAS**  
**ATHLETIC CLUB**  
FOUNDED 1924



### **Naas AC Health & Safety Statement**

It is the policy of Naas Athletic Club to promote standards of health and safety within the club which will lead to avoidance of risks to health and safety.

This safety statement, in accordance with Section 20 of the Safety, Health and Welfare at Work Act 2005 outlines the policy of Naas Athletic Club in relation to the management of health and safety. Our club is committed to conducting our activities in such a way to ensure as far as is reasonably possible, the safety health and welfare of our members.

This will be achieved by the following:

- The provision of a safe training area.
- The provision of appropriate information, instruction, training and supervision.
- The provision of safe training equipment.
- Determining appropriate behaviour from members.
- Reporting accidents or incidents.

The chairman has overall responsibility for health and safety within the club.

Coaches will ensure that:

- All coaching activities are carried out according to guidelines laid down by the club.
- All child protection guidelines are adhered to.
- Sufficient coaches are available to ensure proper supervision.
- All coaches must have received clearance on their garda vetting forms.
- Only paid up members are allowed to use the clubs facilities.
- All training equipment is securely locked away when not in use.
- The track is properly secured when not in use.
- A Defibrillator and fully equipped First Aid Kit is available at the club at all times.
- Any serious breaches of the code of conduct are brought to the attention of the committee.
- Any accidents are recorded in the accident report form.

#### Hazard Identification

The policy of Naas Athletic Club is to identify hazards associated with the club's activities to assess risk to safety and health.

- Young children will be collected from the track not from the busy car park to avoid accidents.
- Young children will be accompanied to the toilet by an adult.
- Children are not permitted to climb on the secure fencing.
- Javelin training will only take place when all other groups have left the track.
- Levels of training and participation is dependent on age and ability.

#### Monitoring and Evaluation

This policy is in force at all times during all activities carried out by the club.

The policy shall be reviewed annually.